

## MEDICAL EMERGENCY

**If you suspect a medical emergency,**

- ✓ **Call 911 request an ambulance**
- ✓ **Provide first aid**

Be prepared to have the following info available on the **Emergency fact sheet**

- ✓ Person's name & age
- ✓ Name and contact of guardian
- ✓ List of diagnoses (i.e.: heart condition, lung condition, diabetes, etc.)
- ✓ List of allergies
- ✓ Health history
- ✓ List of current medication **MAR's sheet**
- ✓ Follow the consumer to the hospital and stay with them until you are relieved by a co-worker, or the consumer is admitted
- ✓ Contact your manager!
- ✓ Complete an Incident Report
- ✓ **Uses an ambulance do not drive the person to the hospital...!**

**The consumer's emergency fact sheet should have all the information listed above**

The following are *some* examples of medical emergencies:

- ✓ Heart Attack: chest pain, breathing problems, sweating, nausea, neck/jaw/back pain
- ✓ Stroke: signs of a stroke blurry vision, confusion, anxious/irritable, sudden breathlessness, drooping face, losing balance, general weakness, headache, loss of feeling on the skin & loss of smell and taste.
- ✓ Head injuries
- ✓ Evidence of poisoning or overdose of drugs/medication
- ✓ Uncontrolled bleeding
- ✓ Loss of consciousness or significant confusion
- ✓ Blue nailbeds and lips
- ✓ Any medical protocols identified in the IPOS or Care Plan
- ✓ Hasn't urinated in 24 hrs./has not defecated in 36hrs